

Name: _____

The Mass Worksheet

[Out of Focus] This week, observe the Mass on Sunday. Pick out something in the Liturgy that you do not understand, and then find out why it is part of the Mass. Find out what a specific gesture, vestment, or prayer means. Ask a priest to answer your question, or find the answer from another source.

For your next mass:

[Keys to the Kingdom] The Catholic Church is the one true Church that Jesus established. The Pope and the bishops of the Church teach authoritatively in Jesus' name. When we reject this authority, we miss a huge part of the gift that Jesus has given us. The Church is Jesus' Bride—and the place where His dynamic and beautiful love story for our salvation is lived out. This week, as you are receiving Jesus in Holy Communion at Sunday Mass, pray that Jesus unleashes all of the graces of this sacrament in your heart. Pray that He reveals the Church to you in all of her glory (in whatever way He wills), and helps you to understand and follow the Church's guidance and wisdom.

Prayer

"The wonder of prayer is revealed beside the well where we come seeking water: there, Christ comes to meet every human being. It is he who first seeks us and asks us for a drink. Jesus thirsts; his asking arises from the depths of God's desire for us. Whether we realize it or not, prayer is the encounter of God's thirst with ours. God thirsts that we may thirst for him." *-Catechism of the Catholic Church, 2560*